

## McMaster EVIDENCE-BASED Clinical Practice Workshops



### McMaster Evidence-Based Clinical Practice Workshops

Come to McMaster, the birthplace of evidence-based health-care, to join in one of two closely related workshops.

The first caters to clinicians who wish to improve their clinical practice through enhanced skills in reading, interpreting, and applying the medical literature.

The second is designed for clinician educators interested in enhancing their skills for teaching the principles of evidence-based practice to others.

Both workshops are tailored to faculty and community internists, hospitalists, and senior and incoming chief residents.

*To experience the BEST in EVIDENCE-BASED Health Care Education at McMaster University*  
Monday, June 4th — Friday, June 8th, 2018

#### WHAT IS EVIDENCE-BASED CLINICAL PRACTICE / EVIDENCE-BASED MEDICINE?

Evidence-based clinical practice (EBCP) is an approach to health-care practice that explicitly acknowledges the evidence that bears on each patient management decision, the strength of that evidence, the benefits and risk of alternative management strategies, and the role of patients' values and preferences in trading off those benefits and risks.

#### WHY ARE EVIDENCE AND VALUES OR PREFERENCES IMPORTANT?

Clinicians are confronted daily with questions about the interpretation of diagnostic tests, the harm associated with exposure to an agent, the prognosis of a disease in a specific patient, the effectiveness of a preventive or therapeutic intervention, and the relative costs and benefits associated with these decisions. Both clinicians and policy makers need to know whether the conclusions of a primary study or a systematic review are valid, and whether recommendations in clinical practice guidelines are sound.

Members of the Department of Clinical Epidemiology and Biostatistics at McMaster University, in collaboration with other colleagues trained in both medicine and in clinical

epidemiology, have developed a set of common sense strategies to assist in the critical appraisal of evidence. They have also developed approaches to explicitly considering values and preferences in clinical decision-making, thereby encouraging the practice of EBCP.

#### WORKSHOP OBJECTIVES

**Both streams:** To help participants advance their skills in critically appraising the literature, and their skills in acknowledging and incorporating values and preferences in clinical decision making

**Improve your practice stream:** To acquire an understanding of common epidemiological concepts (e.g. interpreting hazard ratios, confidence intervals, critical appraisals of a systematic review) and advance their skills in using the literature for quality assurance, improving practice, and judging comparative effectiveness of health care interventions.

**Teaching stream:** To help participants learn how to teach EBCP using a variety of educational models in different settings, with different types of learners.

#### WORKSHOP FORMAT

The workshop is offered as a one-week intensive course.

Participants will be learning in interactive small groups led by clinical epidemiologists and

practitioners from McMaster and other institutions. The workshop will consist of small and large group sessions, individual study time and, for the teaching stream, opportunities for workshop participants to lead teaching sessions using their own ideas, materials, and reflecting their own experiences.

**WORKSHOP MATERIALS**

Prior to and at the workshop, participants will have access on-line to educational materials that include literature on critical appraisal and EBCP, the small group learning format, a set of clinical problems, JAMA evidence, and a variety of other EBCP aids.

**WHY COME TO MCMASTER UNIVERSITY?**

McMaster University is not only the birthplace of evidence-based medicine, and has produced the definitive evidence-based health care texts. We also continue to lead the world in innovation and advances in EBHC practice and teaching. McMaster’s workshop, running for more than 25 years, has provided the model for EBHC workshops throughout the world. over this time, we have developed a cadre of the best EBHC educators in North America who return to the workshop year after year because of the intensely stimulating and educational environment. Come to experience the best in EBHC education!

**TRAVEL, FACILITIES AND ACCOMMODATION**

The workshop will be held at McMaster University. Upon confirmation of a definite placement in the workshop, you will receive a formal letter, access to the website and background and introductory materials will be provided with general information regarding specifics of the workshop, accommodation and travel.

**Travel and accommodation arrangements are the responsibility of the Registrant.**

Modest accommodation is available on campus. Other accommodations are available in city hotels, 10-30 minutes away by foot, bus or car.

**REGISTRATION FEES**

**\$200 DISCOUNT IF REGISTERED BEFORE Dec 31, 2017**

**REGISTRATION FEES**

**Canadian \$**

One member from an institution	\$2800	PLUS 13% Harmonized Sales Tax
Two members from an institution	\$2500 each	PLUS 13% Harmonized Sales Tax
Three or more members from an institution	\$2200 each	PLUS 13% Harmonized Sales Tax

PLUS 13% Harmonized Sales Tax (HST # R119-035-988). Tuition includes all workshop materials, photocopying services, access to computer literature searching and dinner on the first and last evenings.

**REGISTRATION ON-LINE AT:**

[http://ebm.mcmaster.ca/registration\\_online.htm](http://ebm.mcmaster.ca/registration_online.htm)

Please reference your registration number on all correspondence.

**NOTE: CREDIT CARD PAYMENT IS NOT ACCEPTED.**

Please complete and return the application form with the registration fee, (**cheque Only**) payable to MCMASTER UNIVERSITY, and send it to:

**Regular Mail**

Laurel Grainger  
EBCP Workshop Registrar  
McMaster University  
1280 Main Street West  
Room: HSC 2C12  
Hamilton, ON  
L8S 4K1 Canada

**Courier**

Laurel Grainger  
EBCP Workshop Registrar  
McMaster University  
1200 Main Street West  
Room: HSC 2C12  
Hamilton, ON  
L8N 3Z5 Canada

**PLEASE DIRECT ANY INQUIRIES TO:**

Gail Clark  
EBCP Workshop Coordinator  
E-mail: [clarkg@mcmaster.ca](mailto:clarkg@mcmaster.ca)  
Telephone: 905.525.9140 X 22900

Or

Laurel Grainger  
EBCP Workshop Registrar  
E-mail: [graing@mcmaster.ca](mailto:graing@mcmaster.ca)  
Telephone: 905.525.9140 X 23162