

**CRITICAL REVIEW FORM: Therapy I****Citations:**

MacPherson H, Richmond S, Bland M, Brealey S, Gabe R, et al. Acupuncture and Counselling for Depression in Primary Care: A Randomised Controlled Trial. *PLoS Med* 2013; 10(9): e1001518. doi:10.1371/journal.pmed.1001518

Hugh MacPherson, Stewart Richmond, J Martin Bland, Harriet Lansdown, Ann Hopton, Stephen Morley, Sara Perren, Eldon Spackman, Karen Spilsbury, David Torgerson, Arthur Kang'ombe, Ian Watt. Acupuncture, Counseling, and Usual care for Depression (ACUDep): study protocol for a randomized controlled trial. *Trials* 2012; 13:209

Dean McMillan, Simon Gilbody, David Richards. Defining successful treatment outcome in depression using the PHQ-9: A comparison of methods. *Journal of Affective Disorders* 2010; 127: 122–129

Guide		Comments
<b>I</b>	<b>How serious was the risk of bias?</b>	
1	Did experimental and control groups start with the similar prognosis?	
1 a	Were patients randomized?	
1b	Was randomization concealed?	
1c	Were patients similar at baseline with respect to prognostic factors?	
2	Was prognostic balance maintained as the study progressed?	
	To what extent was the study blinded?	
3	Were groups prognostically balanced at the study's completion?	
3a	Was follow-up complete?	

3b	Were patients analyzed in the groups to which they were randomized?	
3c	Was the trial stopped early?	
<b>II</b>	<b>What are the Results?</b>	
1	How large was the treatment effect?	
2	How precise was the estimate of the treatment effect?	
<b>III</b>	<b>How can I apply the results to my patient care?</b>	
1	Were the study patients similar to my patient?	
2	Were all patient- important outcomes considered?	
3	Are the likely benefits worth the potential harms and costs?	